



OCTOBER 2016 Edition

Index:

❖ Telecom News

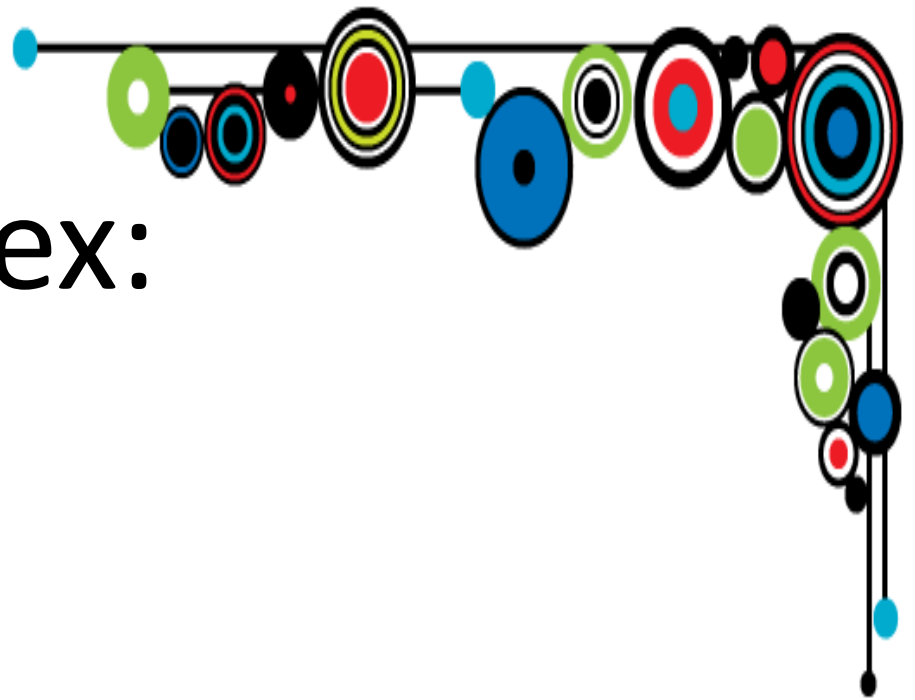
❖ Article

❖ New Joinees

❖ Birthday

❖ New Born

❖ Celebrations





Tele news

ATC open to buy more towers in India, says chairman James Taiclet

- According to American Tower Corporation's (ATC) chairman James Taiclet, the company is willing to talk to telecom operators seeking to sell their towers in India.
- The company which has 57,000 towers in the Indian telecom tower space, sees a potential of growth for tower operators in the market. It had recently acquired Viom Networks through foreign direct investments in 2015 and has contracts with companies like Reliance and Tata. Also through its recent integration with Viom integration and contracts with the company sees good prospects for business in the country.
- However, according to Taiclet, until the master lease contracts comply with global standards, valuations in India would remain lower than the rest of the world. Further, tower valuations in the country would catch up only if the master lease agreements catch up.

9 Positive Thinking Tips:



Smile

It may sound trite, but did you know that smiling has been scientifically proven to improve your mood and thought patterns? The muscles in your forehead are directly linked to your brain's emotional center, and creasing them into a frown can make you moody and depressed. Smiling, on the other hand, sends positive, happy thoughts to your mind. Get in the habit of smiling more, and you'll be happier all around!



Do Yoga or Meditate

What makes Yoga such a great activity is that it helps you to bring your focus inward and listen to your self-talk.

Meditation does the same thing, and both of these activities will help you to hear yourself and the way you think. If you hear a lot of negativity, make a conscious effort to replace those thoughts with positive ones.



Consciously Replace Your Thoughts

Whenever you catch yourself thinking negative thoughts, make a conscious effort to replace it with a positive one. In fact, you can make it a habit that every time you think something negative about a person, situation, or challenge, you HAVE to think two or three positive ones. Within no time, it will become a habit!



Take control of your life

Instead of complaining when you find yourself in negative situations, take control and don't allow it to happen.

Make a conscious choice of whether or not you will do something, and stop being a victim in your own life. Start thinking about your choices.



Be Around Positive Thinkers

Take a look at the people you call friends. Are they positive people always looking for the good in life, or do their attitudes trend toward the negative? Instead of hanging around people that will accompany you in your misery, find people that will help to pull you out of it. The more positivity you have in your life, the brighter the world around you will become.



Solve Someone Else's Problems

Are you stressed or worried about a situation in which you find yourself? Take your eyes off yourself and start helping someone else deal with their problems. You may realize that your life isn't as bad as you thought, and things are pretty darn great for you!



Sing

Science has proven that singing helps to fight depression and boosts your mood, so belt out your favorite Show Tunes now! The more you sing, the happier you'll become. It's a great de-stressing activity, plus it's a whole lot of fun!



Read

Just like you should surround yourself with positive people, you should also read positivity-reinforcing books, quotes, and materials. Find podcasts that inspire you, or listen to the TED talks. Find quotes on positivity and paste them around your house. The more positivity you surround yourself with, the better!



Make a list

Worried or stress about something, or have negative thoughts plaguing your mind? Instead of giving in to the worries, list the things that you have to be positive or grateful about. Make it a habit to form a list 5 to 10 items long every time your stress mounts.

Anurag Gupta
Legal (MP)

**Hemanta K
Bindhani**
Capacity
Enhancement /
Upgration
(Orissa)

Rajesh Roy
Land Lease Mgt
(Kolkata)

Rakesh Kumar
Land Lease Mgt
(Punjab)

**Chaitrali M
Sawant**
IT
(Mahape)

**Abhishikta
Mohanty**
Sales & Mktg
(Orissa)

**Chinmoy
Neog**
Sparta Project
(North East)

**Ravindra N
Gamare**
Admin
(Corporate)
(HO)

**Jintu Mani
Barman**
Sales & Mktg
(North East)

NEW JOINEES:

				Ajithkumar.K.A Palash J Saikia 		2 Lakshmikanthan Sekar Ashish Vi Purohit Ravikant R Parvati Venkatraman Srinivasan
3 Shraddha S Kulkarni Kamal Saikia Pradnya Adsul Vikas Sharma Sheikh Raja Anees	 Vinoth S V	5 Jatin P Zala Deepak S Karnik Savio F Furtado	6 	7 Rahul L Kushte Anil Jadhav	8 Manoj K Jangid Dharm N Jha	9 Raju Verma Prabhu Biradar Mandar M Kamat Mani Kachari
10 Vikram Sharma Amit Singhai Saurabh Sharma Sumon C Hanson P Mathew Shuaib A Wagle Madhuri Dhamanaskar	11 Naveen Khurana Sunil Kumar 	12 Mata P Verma Keshav Nagrath Vikas Kanojia Kashinath Patkar Ganesh R Naik	13 Hrusikesh Panda 	14 Komal J Boddula R Suriya Prabhu Vivek H Mahapde	15 Prashant V Yadav Biju Bhattarai	16 Jitendra P Singh 
Maripan 	18 Vilas Ramchandra Parab	19 Deepak S Waghmare Suresh MDevdare	20 Yogesh R Nayak Rajiv K Malviya 		22 Vijay K Sabikhi	23 Manasi S Badhe Rajesh B Shetty
Karthick B Neeraj Kumar 	25 Pankaj Kumar Singh Vaishali Surve	26 R.Sathish Kumar Kirtee Kishore Vikram Sharma Dhiren J Kumbhan	27 Kaushik Thakkar Mangesh R Punde Anupam Anand Tonmoy Saha	28 Manjeet Singh Monalisa Jena Sourav Roy	29 Shalini S Pillai Jintu Mani Barman Jaydeb Baidya Gauri Debnath Safiul Kabir Sachin Chopra	30 Arunkumar Singh Prakash S Bandabe 31 Dibyajyoti Hazarika Ambar T Patil Surinder Singh

New Borns:

BOY? or Girl

Blessed with a **daughter**:

Mr. Harshit Kumar Srivastava

Location: MP



Blessed with a **son**:

Ms. Kamla Yashwant Patil

Location: Mahape



Blessed with a **daughter**:

Mr. Jay Prakash Mishra

Location: UP East





happy
diwali

Happy Navratri All
Happy Navratri All

Celebrations



HAPPY
Dussehra





Independence Day Celebration Lucknow



Independence Day Celebration Jharkhand - Mr.Dhananjay Singh –Acquisition Manger Awarded Best Attire.



Independence Day Celebration Kolkatta & ROWB



Contact person to contribute to Infravoice:

Roxanne Rensburg
Ext. 3550
roxanner@gtlinfra.com

